

Caring Hands in the Vale is the care outreach from The Vale of Evesham Christian Centre, which continually seeks to help relieve poverty and need in the Vale of Evesham through practical support.

Formed in 2003, Caring Hands operates through the Church and networks with other local churches and many community organisations.

Those referred to us can receive (free of charge):

- Food parcels
- Toiletry packs
- Cleaning/laundry packs
- Clothing
- Backpacks
- Sleeping bags/blankets
- Tents

People can also receive a free hot meal twice a week at the Caring Hands Diner.

We provide all these items free of charge to anyone in need who is referred to us and lives within the Vale of Evesham.

“Speak up for those who cannot speak for themselves, for the rights of all who are destitute; Speak up and judge fairly; defend the rights of the poor and needy.”

Proverbs 31:8-9

Caring Hands in the Vale is a ministry for individuals and families in need in Evesham and the Vale, and is operated by The Vale of Evesham Christian Centre.

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*Caring Hands
in the Vale*

Making a difference in our local
community through positive action

Who we help

Through referrals, we support:

- People on low incomes
- People in severe debt
- Rough sleepers/homeless
- Ex-offenders and their families
- People in recovery from alcohol/drug dependency
- People with benefit issues
- People with mental health issues
- People in crisis situations
- People with long term health issues

Our vision

As the work of Caring Hands continues to expand we believe we can establish the following services:

- A drop in centre
- Street work
- Debt counselling
- Household budgeting
- Help with form filling
- Outreach work

If you would like further information on how you can be involved, how to become a referral agency, or would just like to know more, please see our contact details on the reverse.

How can I get involved?

Caring Hands would not exist without your help. So please don't hesitate to get involved. There are four main ways you can get involved with Caring Hands in the Vale:



DONATIONS

Caring Hands distributes hundreds of food parcels a year, to those most in need and we are always very appreciative for the following types of donations:

- Tinned goods
- Dried goods
- Jars
- Frozen foods
- Toiletries (no sprays)
- Flannels
- Hand towels
- Washing tablets
- Cleaning materials
- Blankets
- Sleeping bags
- Good quality clothing
- Backpacks (good size)



FINANCIAL SUPPORT:

Caring Hands wouldn't be possible without the generous financial support of the local community. All monies received go towards the daily running of Caring Hands. Supermarket gift vouchers are also welcomed.



VOLUNTEER YOUR TIME

The Caring Hands team is made up of many wonderful volunteers but we are always in need of more help. Please get in touch.



PRAYER SUPPORT

Knowing that we are in your thoughts and prayers is important to us and our work.

Caring Hands Diner

Caring Hands Diner provides a hot meal on a Monday and Wednesday between 12.00pm and 2.00pm free of charge to anyone in need.



Getting Help

Caring Hands in the Vale supplies emergency food parcels and other essential items for those who desperately need them.

We do not carry out any assessments ourselves. We respond to referrals from a network of community based organisations. In order to receive help you will need to be referred to us.

For further information, please contact **Diane** on **07721 559387**